

## **Study #17 – I CAN SEE IT ALL OVER YOUR FACE!**

1. What is the name of the study and who is responsible for it?
2. What was significant of the Fore people of New Guinea?
3. What was the theoretical proposition?
4. Briefly explain the method:
5. What were the results of this study?
6. What two emotions are easily confused, and why?
7. What implications does this study have for the nature/nurture debate?
8. What appears to be the six basic emotions?
  - a.
  - b.
  - c.
  - d.
  - e.
  - f.
9. How do facial expressions relate to survival? Give an example.
10. Explain the “facial feedback theory”:

## **Study #18 – LIFE, CHANGE AND STRESS**

1. Define Stress:
2. Explain a situation in your life when you had stress: How did you deal with it?
3. Explain what Psychosomatic illnesses are: How is this different from hypochondriasis?
4. What is life stress? How would Holmes and Rahe try to measure this?
5. Explain the instructions? How was marriage used?
6. How was a score determined?
7. Are all events listed in the scale negative? Explain:
8. How did they check for consistency? Did they find statistical significance? Explain:
9. What theme was established by this study?
10. Calculate your LCU total (How to do this is explained in the Discussion section)

11. Explain figure 23-1

12. Explain how this scale was used with the Navy:

13. What is the major criticism of the SRRS?

14. What does it also not take into account? What scale was developed to address this?

15. Explain both sides of the 10% criticism:

**Recent applications: How was this study applied/What was learned?**

16. Hopelessness

17. Alcoholics

18. Individualistic culture vs. Collectivist culture

19. List/sum up the 4 additional factors that must be considered to predict psychosomatic illness.